# Reforming our care system: What can England learn from Japan & Germany?

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#### Social care reform: Groundhog Day



#### The impact of inaction: a system in crisis

- 8 years of austerity: local government funding has **halved** in real terms<sup>1</sup>
- Projected shortfall in the social care budget of £2.5 billion by 2020/21 and £4.4 billion by 2023/24<sup>2</sup>
- Means test set at £23,250 in 2010 and hasn't changed since: only those with lowest means and very highest needs can access support
- One in ten people face care costs in excess of £100,000<sup>3</sup>
- **25% fewer** people able to access state-funded care than in 2010/11
- Workforce shortages increasing: 100k+ vacancies<sup>4</sup>
- Estimated **7.3 million** adult carers in England up from 5.4 million in 2011<sup>5</sup>
- Knock-on effect on NHS from DTOCs and unplanned admissions<sup>6</sup>

#### Why look abroad?

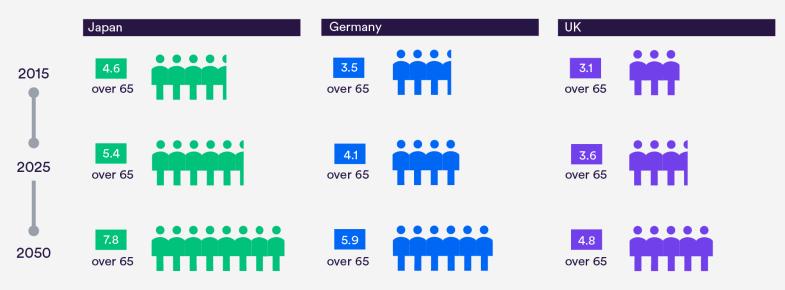
#### Population aged 80 and older



2017: World Bank (2018); 2040: UNDESA (2017)

#### Dependency ratio: projections

Number of dependent older people (over 65) for every 10 working-age adults



OECD 2017b



Fair & transparent funding

Clear & consistent eligibility & benefit

Political & public support

Certainty & stability for providers

Workforce: think long term & creatively



#### 1. Political & public support

Fair & transparent Clear & consistent funding eligibility & benefit Political & public support Workforce: think Certainty & stability long term & for providers



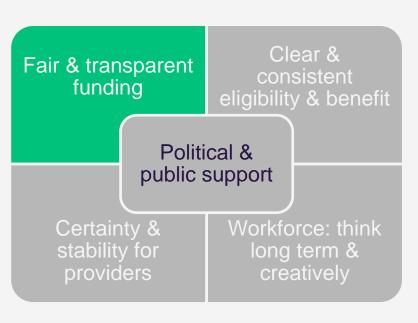


# Driving change: making the case for change

- 1 Discussions took time
- 2 Widespread public discontent re lack of care/costs of care
- 3 Cross-party cooperation & strong political leadership
- Discussions re reform sought to directly address the issues of concern to the public: went with the grain of wider social change
- 5 Economic & political upheaval opened opportunity for change

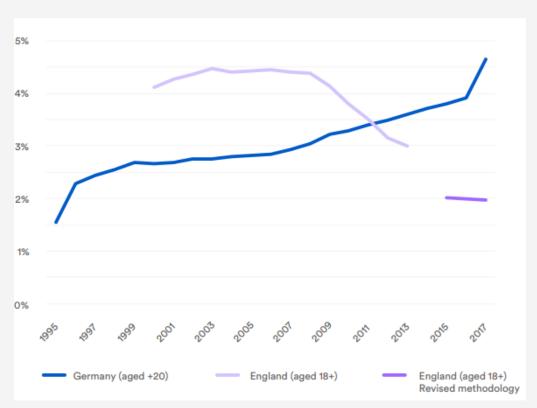


# 2. Funding: where should the money come from?



- 43% of local authority spend was on adult social care (2016/17)
- Local authority spending on adult social care fell by 8% between 2010/11 – 2016/17 (£700m lower)
- But requests for help have risen by 2% (2015/16-17/18)
- Means-test threshold (£23,250) has not changed since 2010/11

### Care recipients as proportion of general population

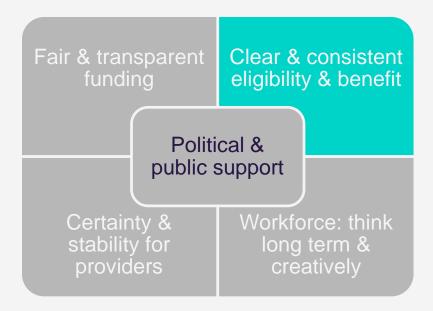


#### Funding: fair & transparent

Collective: pools risk	Everyone pays in from 40	Everyone in employment
Transparent	50% funding from social insurance (50% from tax)	100% funded by social insurance. Administered by arms-length bodies
Clarity	Contributions are fixed % of income (shared with employer) and paid <b>monthly (c. 3%)</b>	
Intergenerational fairness	Retired continue to pay in (full % from pensions)	
Shared state & individual responsibility	On accessing services, users contribute to costs	



#### 3. Variability in eligibility & access





Eligibility still varies despite Care Act



Care assessments & packages not portable



Prices paid by selffunders varies by area



# National frameworks for eligibility & benefits



National eligibility criteria base only on need = consistency in access



Individuals assigned to care level = consistency in benefit



Care level associated with fixed **monthly** budget for <u>care</u> = clarity in benefit ('hotel fees' charged on top in residential settings)



Users contribute on accessing services: not free at point of use. In Japan, user contributions are capped. In Germany they are not capped.

# Partial coverage of costs: rising user costs



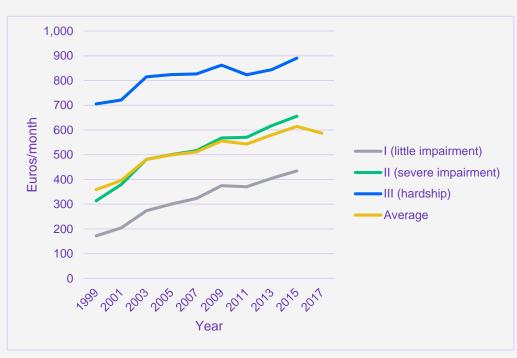
Cost containment lever: any rising costs passed on to individual



Attempts to introduce individual supplementary insurance unsuccessful



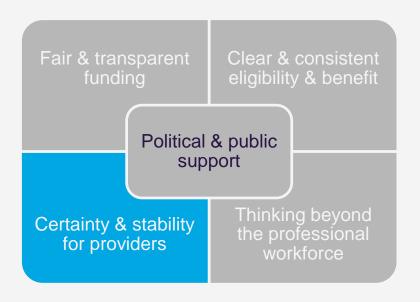
Live discussions re introducing a cap on costs



Rising costs of care



#### 4. Provider market instability





Downward pressure on fees



Providers handing back contracts & going out of business



Discontinuity of care



# Stability & certainty: National fee schedule

Providers paid based on fixed fee (set for 2+ years) for level of care need & staffing levels:



Offers certainty to providers = stable and competitive markets



Allows government to shape market & incentivise desired types of care



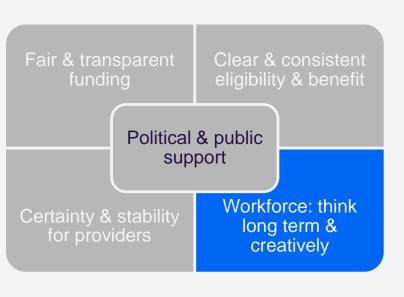
Builds in mechanism for controlling costs



Role of local government?



#### 5. Workforce challenges





100k+ vacancies & high turnover



Low pay & status



Immigration white paper risks exacerbating shortages



Growing reliance on informal carers



#### Think long-term and beyond pay



Make workforce an integral part of funding and service delivery reform **from the outset** 



Not just pay but conditions and **status** too: professionalization is only *part* of the answer



Recruiting from abroad is part of the solution: we will be **competing** for the same staff



Be **realistic** about technology

#### Think beyond professionals



- Harnessing the power of communities and volunteering – invest in them
- Create communities where people are supported to live independently
- ➤ Focus on **prevention**: keeping people well, independent & reduce **isolation**



- Clear re expectations of families
- Provide cash payments to facilitate informal care: heavy reliance on unpaid carers
- Supporting **carers**: make it easier to care through leave and loans **joined up** policy

#### What principles could work here?

Fair

Funding system to spread the risk across society

Transparent

Contributions & benefits on monthly basis

Consistent

National eligibility & benefits

**Stable** 

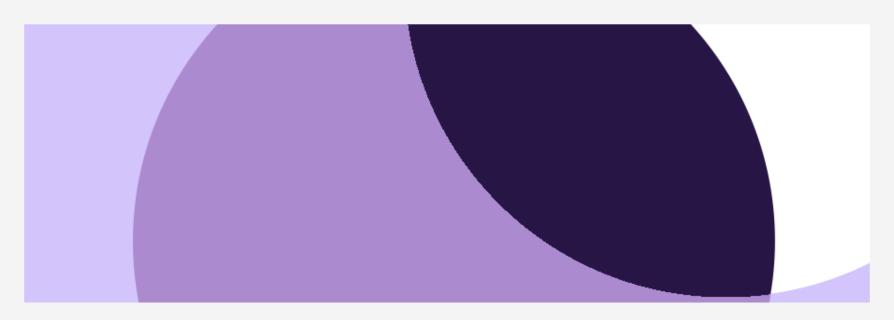
Establish national fee schedule for providers

Sustainable

Think long term & holistically

#### What questions need to be asked?

- What do we want a social care system to deliver? What is the 'offer'? What are the expectations of families/informal carers versus state support?
- What would fair & sustainable funding look like in an English context? Should funding be ring-fenced?
- How should it work alongside other services, especially the NHS?
- ➤ How can we provide consistency & stability AND strengthen local authority role?
- ➤ How can we plan for future workforce shortages?
- How can we raise awareness among the public and drive support for reform?





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