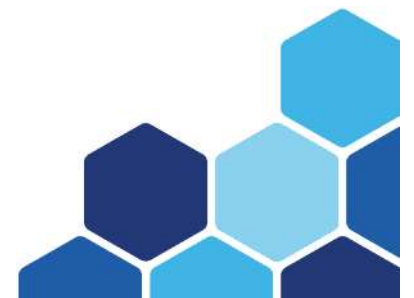


Lunch and Learn – My career story

NHS

East Suffolk and
North Essex
NHS Foundation Trust

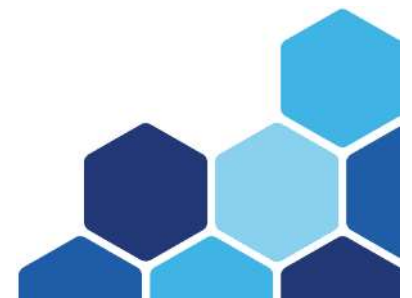


Brief Background



East Suffolk and
North Essex
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- Frances Freeman, currently Finance Manager at ESNEFT in Women's and Children's Division
- Studied Water Sport Science at university (really relevant I know)
- Started NHS life in Commissioning and now working in Acute setting.
- Worked through from Management Accountant level up to now Finance Manager.

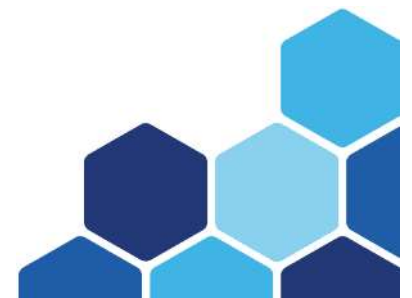


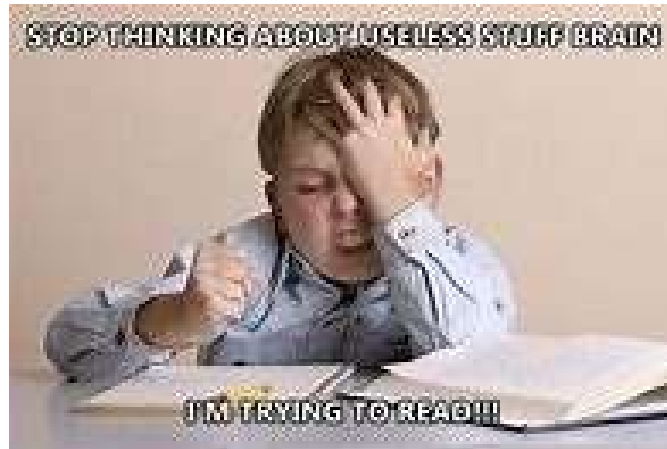
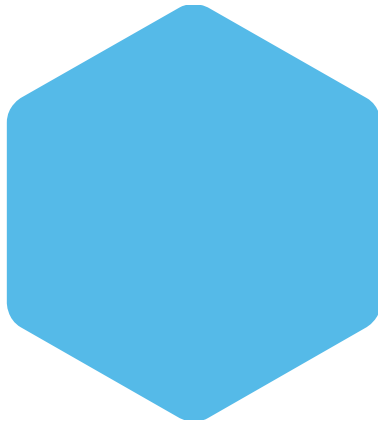
My Career in highlights



East Suffolk and
North Essex
NHS Foundation Trust

- Started working at 10 in the NHS working at my mum's surgery stamping blood forms
- Went to Uni to study Water sports science with grand schemes to be a physio
- Had to get a job to pay bills in 2008
- Started AAT at my first job – loved it
- Started working at NHS Suffolk in 2011 and started CIMA
- Moved onto the private sector in 2015 after a wobble
- Started ACCA
- Went part time in 2018 to focus on family and studying
- Finally made my way back to the NHS to ESNEFT in 2020 and have never looked back!!

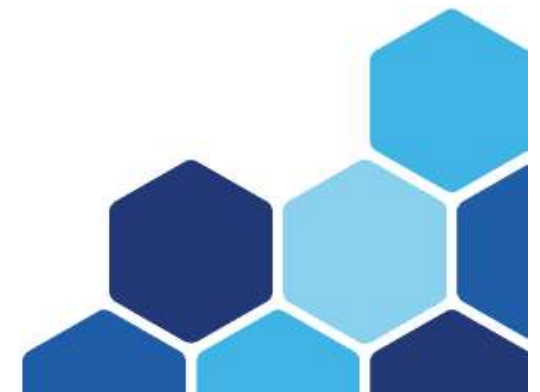
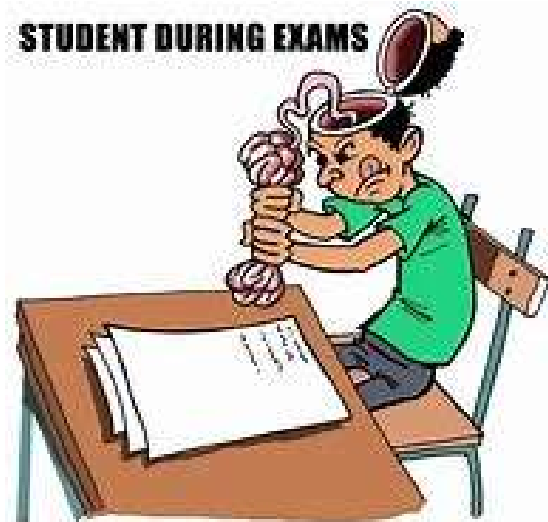




NHS

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North Essex
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Hints and tips from me to you



Hints and tips

- Don't be afraid to ask for help.

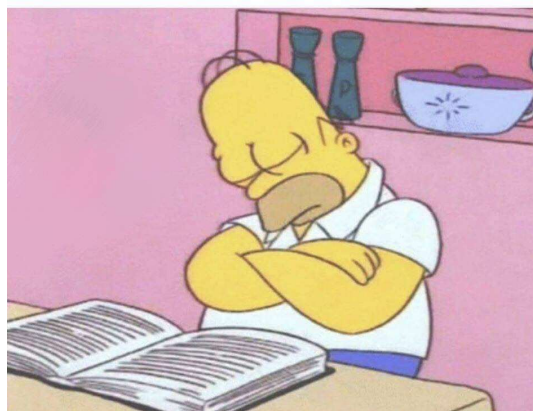


- Plan your study time and allow yourself some you time within that as well



- Find a learning environment that works for you.

Me: I study better at night
Me at 10:



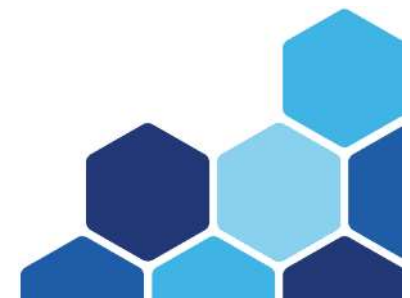
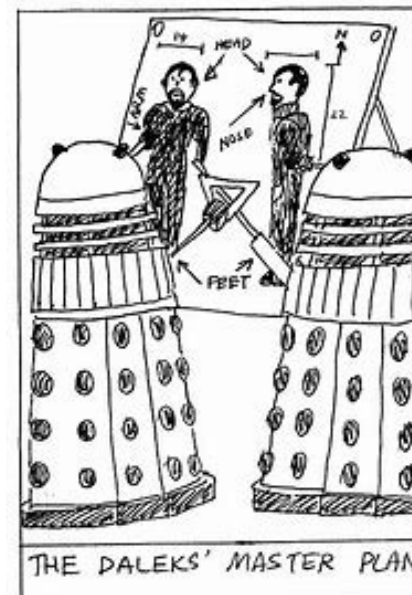
Hints and tips continued

- Try and get some experience in the area you are studying



- Do as many practice papers as you can get your hands on

- Nothing beats a good exam plan



Finally

- Don't be put off by failure

