

Mental health guidance and resources map

A tool for key mental health guidance
and wider resources



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Introduction

The HFMA has produced this mental health map which brings together key national guidance and useful resources to support NHS finance professionals.

With the renewed focus on mental health as a consequence of the Covid-19 pandemic, it is more important than ever to keep up to date with the requirements on the sector.

Aimed primarily at NHS finance professionals in both provider and commissioner organisations, this map provides a quick reference guide to key guidance documents and useful case study examples, as well as other resources.

This map supplements HFMA's existing *NHS efficiency map*, *Covid-19 guidance map* and *NHS corporate governance map*.

Please e-mail policy@hfma.org.uk with any links to further guidance or resources that may be helpful to include.

National strategic plans

This section includes the key strategic documents which guide mental health policy for the NHS.

Links to guidance	Last updated
<p>HM Government: <i>Covid 19 mental health and wellbeing recovery action plan</i> the UK Government's plan to prevent, mitigate and respond to the mental health impacts of the pandemic during 2021 to 2022, covering all aspects of the public sector</p>	March 2021
<p>Department of Health and Social Care: <i>Reforming the Mental Health Act</i> consultation on reforms to the Mental Health Act to put patients at the centre of decisions about their own care and ensure everyone is treated equally</p>	January 2021
<p>NHS England and NHS Improvement: <i>NHS mental health implementation plan 2019/20 – 2023/24</i> sets out the ongoing commitments from the <i>Five year forward view</i> and gives further detail on expanded ambitions in the <i>NHS long term plan</i></p>	July 2019
<p>NEW NHS England and NHS Improvement: <i>2021/22 priorities and operational planning guidance: October 2021 to March 2022</i> NHS planning guidance setting out a continuation of previous priorities</p>	September 2021
<p>NHS England and NHS Improvement: <i>NHS long term plan implementation framework</i> includes information about improving mental health services (paragraphs 2.30 – 2.36)</p>	June 2019
<p>NHS England and NHS Improvement: <i>NHS long term plan</i> sets out the ambitions for the whole NHS, including mental health services</p>	January 2019
<p>Department of Health and Department for Education: <i>Government response to 'Transforming children and young people's mental health provision: a green paper' and next steps</i></p>	July 2018
<p>Department of Health and Department for Education: <i>Transforming children and young people's mental health provision: a green paper</i> a consultation paper to improve access to mental health services, building on <i>Future in mind</i></p>	December 2017
<p>NHS England: <i>Implementing the five year forward view for mental health</i> sets out the targets to meet <i>The five year forward view for mental health</i></p>	July 2016
<p>Mental Health Taskforce: <i>The five year forward view for mental health</i> sets out the context for change and recommendations for the improvement of mental health care</p>	February 2016

	Department of Health and NHS England: <i>Future in mind</i> promoting, protecting and improving the mental health and wellbeing of children and young people	2015
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Tackling inequalities

This section includes guidance and advice on tackling inequalities in the delivery of mental health services.

	Links to guidance	Last updated
	NHS England and NHS Improvement: <i>Advancing mental health equalities strategy</i> sets out the core actions for the NHS to tackle inequalities in mental health services	September 2020
	Centre for Mental Health: <i>Commission for equality in mental health</i> the final report of the Commission to explore what causes mental health inequalities, what perpetuates them, and how to break the cycle	November 2020

Workforce

This section includes guidance on developing the mental health workforce.

	Links to guidance	Last updated
	NHS Confederation: <i>Supporting population health management: workforce</i> guidance for PCNs on recruiting mental health practitioners through the additional roles reimbursement scheme (ARRS)	2021
NEW	NHS Digital: <i>Mental health and learning disabilities workforce in the NHS</i> trends in the size and composition of the mental health and learning disabilities workforce in England	July 2021
	NHS England and NHS Improvement: <i>We are the NHS: people plan 2020/21</i> sets out the workforce plan for the whole NHS, including mental health staff	July 2020

	Health Education England: <i>Stepping forward to 2020/21: the mental health workforce plan for England</i> supporting the <i>Five year forward view for mental health</i>	July 2017
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Payment systems and currencies

This section includes guidance on developing operational and financial plans for mental health services.

Links to guidance	Last updated
NHS England and NHS Improvement: <i>Consultation on 2021/22 national tariff payment system – annex DtD: technical guidance for mental health clusters</i> information about recording and using cluster data	March 2021
NHS England and NHS Improvement: <i>Mental health currency review</i> a consultation document on a proposed new approach to counting mental health activity	February 2021
HFMA: <i>The HFMA’s response to the mental health currency review</i>	January 2021

Support to local planning

This section includes guidance on developing operational and financial plans for mental health services.

Links to guidance	Last updated
NHS England and NHS Improvement: <i>Mental health delivery plan 2021/22</i> intended to be a single repository or information needed to deliver mental health transformation and continue service expansion in 2021/22 (only available through the FutureNHS platform)	April 2021

	NHS England and NHS Improvement: Allocation of additional mental health recovery funding letter setting out CCG spending review allocations for mental health (only available through the FutureNHS platform)	April 2021
NEW	NHS England and NHS Improvement: Guidance on finance and contracting arrangements for H2 2021/22 NHS planning guidance setting out a continuation of previous priorities, efficiency requirements and additional funding to tackle long waits	September 2021
	NHS England and NHS Improvement: Guidance on finance and contracting arrangements for H1 2021/22 NHS planning guidance including separate mental health financial planning guidance at appendix 1	March 2021
NEW	Centre for Mental Health: Better together: a public health model for mentally healthier integrated care systems how integrated care systems can adopt a public health model to use their budgets, powers and influence to support better mental health outcomes.	October 2021
NEW	Centre for Mental Health and NHS Confederation: Now or never: a systemic investment review of mental health care in England ten key areas where strategic investment could solve systemic issues in the mental health system	July 2021
NEW	Centre for Mental Health: Covid-19 and the nation's mental health forecasting needs and risks in the UK	May 2021
	National Collaborating Centre for Mental Health and NHS England: The community mental health framework for adults and older adults guidance to support <i>NHS long term plan</i> ambitions to transform community mental health	September 2019
	NHS England and NHS Improvement: Mental health LTP analytical tool – how to apportion national profiles across CCGs using the allocations formula (only available through the FutureNHS platform)	August 2019

Provider collaboratives

This section includes guidance on the development of provider collaboratives

Links to guidance		Last updated
NEW	NHS England and NHS Improvement: <i>Working together at scale: guidance on provider collaboratives</i> guidance and case studies to support the requirement for all trusts to be part of a provider collaborative by April 2022	August 2021
NEW	NHS England and NHS Improvement: <i>NHS-led provider collaboratives: specialised mental health, learning disability and autism services</i> overview of provider collaboratives	2019

Service development funding (SDF)

This section includes guidance on service development funding for mental health services.

Links to guidance		Last updated
	NHS England and NHS Improvement: <i>Guidance on finance and contracting arrangements for H1 2021/22</i> NHS planning guidance including separate mental health financial planning guidance at appendix 1 and details of SDF in section 3.2	March 2021

Capital funding

This section includes guidance on capital funding for mental health services.

Links to guidance		Last updated
	NHS England and NHS Improvement: <i>Guidance on NHS system capital envelopes 2021/22</i> NHS capital guidance	March 2021
	Department of Health and Social Care: <i>Over £400 million pledged to remove dormitories from mental health facilities</i> press release with list of projects to receive funding	October 2020
NEW	NHS Providers: <i>Mental health services: meeting the need for capital investment</i> recommendations on where capital funding is needed	February 2020

Mental health investment standard (MHIS)

This section includes guidance on the use and development of the mental health investment standard.

Links to guidance		Last updated
NEW	NHS England and NHS Improvement: <i>Mental health re-categorisation project 2021</i> work to improve mental health data collection and establish clearer links to the NHS long term plan requirements (only available through the FutureNHS platform)	September 2021
	NHS England and NHS Improvement: <i>Guidance on finance and contracting arrangements for H1 2021/22</i> NHS planning guidance including separate mental health financial planning guidance at appendix 1 and details of the MHIS in section 3.1	March 2021

	NHS England and NHS Improvement: Assurance engagement of the mental health investment standard 2019/20 a briefing for clinical commissioning groups	January 2021
	HFMA: Development of the mental health investment standard a review of where further support and clarification would be helpful to achieve the desired outcomes	November 2020
	NHS England and NHS Improvement: Mental health investment standard (MHIS): categories of mental health expenditure updated MHIS categories to reflect the <i>NHS long term plan</i> ambitions	February 2020
	NHS England and NHS Improvement: NHS long term plan implementation framework paragraphs B22 – B23 cover investment commitments for mental health	June 2019

Understanding mental health activity

This section includes information and guidance on recording mental health activity and understanding performance.

Links to guidance		Last updated
	NHS England and NHS Improvement: Mental health activity metrics definitions of the mental health activity metrics in use for the 2021/22 financial year (only available through the FutureNHS platform)	April 2021
	NHS Digital, Mental health services data set overview of the MHSDS and links to technical specification documents	April 2021
NEW	NHS England and NHS Improvement: NHS mental health dashboard used to monitor progress against the ambitions in the <i>Five year forward view</i> and the <i>NHS long term plan</i>	November 2021
NEW	HFMA: Improving data quality for costing community and mental health services consideration of challenges to improve costing data	June 2021
NEW	HFMA: Exploring how patient-level cost and activity data can inform pathway redesign in mental health case study on using data to understand variation	October 2021

	HFMA: Roundtable: mental health value – made to measure? briefing sharing a roundtable discussion about the collection and use of mental health data	January 2021
	NHS Digital, Mental health services currency and payments comparison of CCG and provider data for mental health currency and payments from MHSDS data	November 2019

Understanding value in mental health services

This section includes case studies to understand value in mental health.

Links to guidance		Last updated
	HFMA: Mental health value challenge – how can we maximise the use of resources in mental health to provide the best possible outcomes for service users? putting the theory of value-based healthcare into practice	October 2020
	HFMA: Using PLICS to drive value in mental health services case study example of using data to support improvements in patient care and deliver efficiencies	January 2020

Working with primary care networks (PCNs)

This section includes information about working with primary care networks.

Links to guidance		Last updated
	The King's Fund and the Centre for Mental Health: Mental health and primary care networks explores the opportunities the emergence of these primary care networks creates for improving the support and treatment provided to people with mental health needs in primary care	July 2020

	NHS Confederation: <i>Supporting population health management: workforce</i> guidance for PCNs on recruiting mental health practitioners through the additional roles reimbursement scheme (ARRS)	2021
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Developing wider system approaches to mental health

This section includes information about investing in mental health care within the wider system.

Links to guidance		Last updated
	NHS Confederation and Centre for Mental Health: <i>Mental health and housing – the feasibility of calculating an investment case</i> considers innovative models for intermediate care	February 2021
	Centre for Mental Health: <i>Integrated care systems and mental health</i> considers the roles of ICSs in delivering mental health care	February 2020

About the HFMA

The Healthcare Financial Management Association (HFMA) is the professional body for finance staff in healthcare. For over 70 years, it has provided independent and objective advice to its members and the wider healthcare community. It is a charitable organisation that promotes best practice and innovation in financial management and governance across the UK health economy through its local and national networks.

The association also analyses and responds to national policy and aims to exert influence in shaping the wider healthcare agenda. It has particular interest in promoting the highest professional standards in financial management and governance and is keen to work with other organisations to promote approaches that really are 'fit for purpose' and effective.

The HFMA offers a range of qualifications in healthcare business and finance at undergraduate and postgraduate level and can provide a route to an MBA in healthcare finance. The qualifications are delivered through HFMA's Academy which was launched in 2017 and has already established strong learner and alumni networks.

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