



Mental Health Finance Faculty
Providing a platform for influence



HFMA annual mental health conference 2018

Integrating mental health
in new models of care

27 September 2018

110 Rochester Row,
London



Back for its 15th year, this comprehensive one-day conference will provide delegates with an interest in mental health a unique opportunity to engage in lively debate and discussion with colleagues from across the country. It is a chance to share knowledge and experience with NHS finance colleagues and learn from other practitioners and experts in the field.

Programme

09:00 **Registration, refreshments and exhibition**

10:00 **Chair's Welcome and Housekeeping**

Suzanne Robinson, Director of Finance, Performance & Digital, North Staffordshire Combined Healthcare NHS Trust & Chair of the MH Finance Faculty

10:05 **Opening keynote address: Professor Tim Kendall, National Clinical Director for mental health at NHS England and NHS Improvement**

11:00 **Being an NHS Chief Executive: what they never told me**

Lisa Rodrigues CBE, Writer, coach, mental health campaigner and former chief executive at Sussex Partnership NHS FT

Lisa joined the NHS as a nurse and health visitor in 1973, eventually progressing to the top job as a chief executive, where she remained for 13 years. In 2013 Lisa announced her retirement however a few weeks later was hit with her worst depressive episode to date. Prompting her to open to colleagues about a lifetime of depression and anxiety which she had been juggling alongside one of the most difficult roles in healthcare management.

Lisa will join delegates to share her experiences and challenge the stigma attached to mental illness. She now works as a coach and mental health campaigner and has recently penned her story in her debut book of the same title.

11:20 **Refreshments and exhibition**

11:45 **Sub-plenary session 1**

12:30 **Lunch, networking and exhibition**

13:20 **Sub-plenary session 2**

14:05 **Refreshments and exhibition**

14:30 **Closing the prevention gap through supporting local action. The work of Public Health England and partners**

Gregor Henderson, Strategic Advisor for mental health & wellbeing at Public Health England

As described in the prevention concordat for mental health 'there must be joint cross-sectoral action to deliver an increased focus on prevention of mental health problems and the promotion of good mental health at local level.'

It is almost four years since the NHS five year forward view talked about ‘getting serious about prevention’. But to what extent is mental health embedded within the prevention agenda and what practically can healthcare providers do to ensure that everyone, including those living with mental health conditions, has the opportunity to achieve good mental health and wellbeing.

In this session Gregor will outline Public Health England’s prevention agenda, specifically focusing on:

- Reducing health inequalities
- Community centred approaches
- Embedding and integrating mental health
- Improving workforce capacity and competency

15:10

Closing address: Workforce Wellbeing - Key to a sustainable NHS

Rt Hon. Professor Paul Burstow, Professor of mental health policy, Chair of the Tavistock and Portman NHS FT and former Minister of State for Care Services

Paul’s political career includes his role as a member of parliament from 1997 to 2015, where he served on the Health, Select and Public Accounts Committees. From 2010 to 2012 he was the Minister of State for the Department of Health and led the development of the “No Health Without Mental Health” strategy. Now a chair of the Social Care Institute for Excellence and chair of Tavistock & Portman NHS FT, Paul is also a Professor of mental health policy at the University of Birmingham.

Drawing on his work as chair of the University of Birmingham Mental Health Commission (www.birmingham.ac.uk/mhpc) and as Chair of the Tavistock and Portman NHS Trust Paul will set out the case for investing in a Resilient NHS workforce and why workforce should form part of a new quadruple aim.

16:00

Chair’s summary and close

Sub-plenary choices – please choose one from each timeslot (see overleaf)

Sub-plenary session 1 (11:45 – 12:30)

(1A) **Learning from Berkshire: The role of digital technology in providing safer and more efficient mental health services**

Mark Davison, Director of IM&T, Berkshire Healthcare NHS FT

Across several national publications and a key strand running through all local STPs is an emphasis that excellent use of information and technical is fundamental in transforming health and social care.

With these in mind, the GDE programme was established, selecting 16 Acute, 3 Ambulance and 7 mental health organisations as pilots to accelerate digital maturity and new models of care with a £3-10 million investment to match. Now two years in to the programme, Mark will join us to share the Berkshire Healthcare journey.

Mark will also explore the LHCRE programme, which will provide the foundations for population health management and regional research databases. Expected to cover a population 3-5million, the LHCRE programme has the potential to offer the practical digital tools required to enable integrated care and planning to succeed.

(1B) **Look ahead: working with accommodation partners to support successful patient discharge in to the community**

Irmani Smallwood, Director of Business Development and Innovation and **Angelina Morgan**, Head of Operations at Look Ahead

Look ahead have been delivering supported housing and community services for people with mental health issues alongside other vulnerable adults and young people for over 40 years. In all of these services, Look Ahead act as part of the supply chain to help people either avoid admissions in crisis or to support individuals to re-enter the community, in many cases after many years in secure units or residential care.

In the last ten years, they have developed a range of services funded by CCGs and foundation trusts. The session will cover the development of Look Ahead's services in East London in partnership with Tower Hamlets CCG (and its predecessor PCT) and Look Ahead's close working relationship and contracting arrangements with ELFT. Irmani and Angelina will cover the outcomes achieved for patients in the mental health pathway, including improvements in independence, and cost savings where people have been able to live successfully in the community coming from secure settings and hospital. Irmani and Angelina will also talk about the key elements of a successful partnership and how this might be replicated elsewhere, with particular focus on the services for forensic mental health and community-based crisis provision, including outpatient titration onto clozapine.

(1C) **Transforming service models to meet care integration and care closer to home challenges**

Matthew Page, Chief Operating Officer, Avon & Wiltshire Partnership Trust and **Stefan Mieczkowski**, Client Director, SSG Health

Avon & Wiltshire Partnership Trust (AWP) have in the past 12 months undertaken a major service transformation programme. This has entailed close liaison with two STPs and finding solutions that work for patients across urban and rural locations, which also meet financial sustainability tests.

Matthew and his team have introduced a number of high impact changes that include:

A new PCLS model that much improves the interface with referring GPs, supports immediate interventions and effective triage;

Introduction of Acute Community Units to deliver crisis interventions within a community setting and thus avoid and reduce inpatient admission stays;

Flow management improvements that have radically reduced out of area bed usage.

Sub-plenary session 2 (13:20 – 14:05)

(2A) **NHS Improvement and HFMA mental health faculty: Quality Improvement Toolkit**

Clare Lyons-Collins, NHS Improvement & **Keith Loveman**, Director of Finance, Hertfordshire Partnership University NHS FT

The national mental health improvement model is led by a group of nine trusts facilitated by NHS Improvement, with a function to support other willing partners to improve services using a pathway approach.

The HFMA mental health faculty have partnered with the team and NHS Improvement to contribute to the national mental health improvement model, published in Spring 2018.

Clare, alongside Keith (one of the nine trusts) will be:

- Sharing insight and original examples of best practice from the resource
- exploring how the resource can be and is being used by mental health providers to improve quality
- disseminating best practice in managing resources to improve quality

(2B) **Collaborative working and lived experience leadership – Delivering transformative mental health support for better value**

Tom Renhard, Project Manager, Bristol Independent Mental Health Network (BIMHN) and **Catherine Wevill**, Partnerships and Engagement Manager Bristol, NHS Bristol North Somerset & South Gloucestershire CCG

There are continued calls for much needed additional funding into mental health services, but how can leaders ensure that the services being delivered are meeting expected patient outcomes in order to show a value on investment?

This session will focus on sharing best practice from Bristol, an area that has put those who have lived experience of mental health issues front and centre of service redesign and service improvement.

This will include a look at the development of Bristol's Street Triage and Core 24 service models development alongside lived experience-led peer support initiatives, such as *Personality Disorder and Me* alongside other campaigns which tackle mental health stigma.

(2C) **Investing in digital to secure real-world impact: improving care in Coventry & Warwickshire**

Prince Ade-Odunlade, Divisional Director, Central & North West London NHS Foundation Trust, **Neil Mulholland**, Deputy Director Finance, Coventry & Warwickshire Partnership NHS Trust **Dion Davies**, Interim Deputy Director, North East London POD CSU & ELHCP STP Lead, **Hugh Lloyd-Jukes**, CEO, Oxehealth

Done right, digital technologies have the potential to transform and enhance the provision of mental health services with the possibility for delivering real savings and unlocking new models of patient care. But when and how should you invest?

Focusing on Coventry & Warwickshire's deployment and scale-up of Oxehealth's Digital Care Assistant technology, the presentation and interactive panel will lead a practical discussion on how 'going digital' can improve the patient experience.

This session will provide delegates with an opportunity to hear the financial perspective whilst exploring:

- what it takes to build a business case for deployment and scale up of new technologies
- how to successfully engage both patients and frontline staff and foster frontline cultural change
- operational learnings, including how to assimilate new technologies into current practices
- the potential of partnering with private providers to deliver patient-centred outcomes