

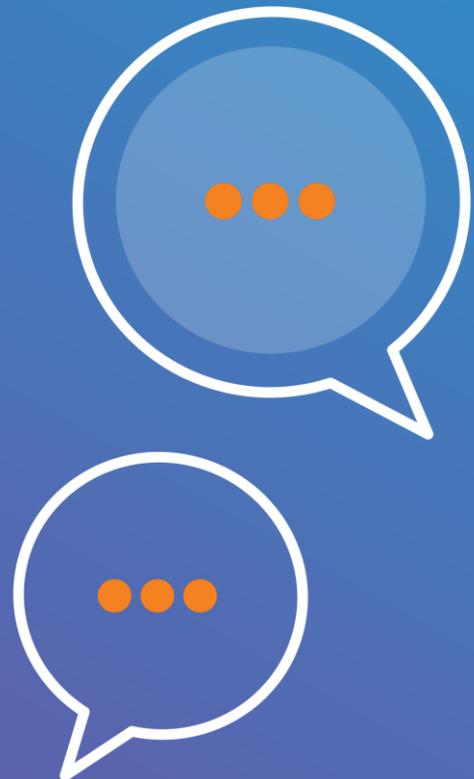


Mental Health Finance Faculty
Providing a platform for influence



HFMA annual mental health finance conference 2019

17 October, 110 Rochester Row, London





Back for its 16th year, this comprehensive one-day conference will provide delegates with an interest in mental health a unique opportunity to engage in lively debate and discussion with colleagues from across the country. It is a chance to share knowledge and experience with NHS finance colleagues and learn from other practitioners and experts in the field.

Programme

09:00 **Registration, refreshments and exhibition**

10:00 **Chair's Welcome and Housekeeping**

Suzanne Robinson, *Director of Finance, Performance & Pennine Care NHS FT & Chair of the MH Finance Faculty*

10:05 **Opening keynote address**

Professor Tim Kendall, *National Clinical Director for mental health at NHS England and NHS Improvement*

Tim has been Medical Director at Sheffield Health & Social Care NHS FT for 14 years and continues to work as a Consultant Psychiatrist for the homeless in Sheffield alongside his national role which he has held since 2016.

Having presented several times at the HFMA Mental health conference, Tim has always offered excellent insight into the practicalities of delivering the Five Year Forward View for Mental Health. Now, 6 months on from the publication of the NHS long term plan, Tim will discuss how mental health is a key part of the puzzle in terms of achieving real health and social care reform.

In addition, Tim will outline his personal views on what the mental health services of the future could achieve for patients and communities, should these opportunities be realised.

11:00 **Improving access to psychological therapies**

Professor David M Clark, *Chair of Experimental Psychology, University of Oxford & National Clinical and Informatics Advisor for the IAPT programme.*

David joins us to mark 10 years of the Improving Access to Psychological Therapies (IAPT) agenda. Being one of the founders of the programme, David will review the growth and successes of this service during its first decade. Building on the ambitions of the Five Year Forward View for Mental Health, the number of people with anxiety disorders or depression who can access help each year through IAPT increase by an additional 380,000 to reach 1.9 million by 2024.

David will discuss his recent research in effective cognitive therapy programmes for panic disorder, social phobia and posttraumatic stress disorder, each of which is now recommended first-line treatment options in current NICE guidelines. David will be touching on his progress with IAPT to train an extra 6,000 new psychological therapists and deploying them in specialist services for anxiety disorders and depression.

11:40 **Refreshments and exhibition**

12:00 **Sub-plenary session 1**

12:45 **Lunch, networking and exhibition**

13:45 **Sub-plenary session 2**

14:30 **Refreshments and exhibition**

14:50 **Lessons from Grenfell: an integrated approach to mental health**

Emma Kennedy, Grenfell Outreach Service Manager & **Fatima Elguenuni** Grenfell community consultant, NHS Grenfell Outreach Team, Central and North West London NHS Foundation Trust

Central and North West London NHS Foundation Trust joins us to share their story of how the Grenfell tower disaster changed the way they engaged with the public and how innovative working enabled them to provide a better integrated approach to mental health needs in a unique and complex situation.

Adopting a customer focused model meant they were able to listen to the needs of the victims and local community, start re-building trust on a more human level and encourage engagement in treatment for those affected. Working across the board from frontline staff to director level the trust pushed the boundaries of bureaucracy to provide the best aftercare for the community, in a way which brought together both physical and mental health services.

15:30 **Time is precious, a story of mental resilience and seemingly impossible challenges to overcome**

Victoria Milligan

Victoria is a strong, positive yet empathetic lady, who has been through the unimaginable and understands from personal experience the tools and strategies needed to navigate life's challenges and stresses. In May 2013 Victoria and her family were involved in a tragic speedboat accident, which took the life of her husband Nick and daughter Emily. Victoria also lost the lower half of her left leg. Since the accident she has had to find the strength and resilience to overcome her losses.

Victoria will address how her unique experiences, dealing with the grief and loss of family members as well as coping with the loss of her leg, has shed some light on the importance of integrating mental and physical health services. Victoria will explore how accessing various mental health services throughout her recovery has enabled her to better understand mental resilience. In this session she will seek to move past just a discussion and into action, sharing her thoughts on designing mental health offerings which are patient centered.

16:10 **Chair's summary and close**

Sub-plenary choices – please choose one from each timeslot
(see overleaf)



- (1A) The development of Kent & Medway Mother & Baby Unit, a case study**
Rose Waters, Service Manager for specialist Services within Kent and Medway Partnership Trust. Zoe, Patient Speaker.

This session will explore a case study focusing on the development and launch of a mother & baby unit at Kent & Medway NHS & Social Care Partnership Trust, the unit was designed through a successful co-production partnership. Rose the service manager for specialist services within the trust will be joined by Zoe who has lived experience of perinatal mental health and postpartum psychosis. Rose will discuss the development of the mother & baby unit and Zoe will talk about her experience of post-partum psychosis.

The mother & baby unit is part of NHS England's national transformation programme to help build capacity & increase MBU provision for perinatal mental health. Mums are supported by a multi-disciplinary team including staff nurses, peer support workers, healthcare workers and nursery nurses.

- (1B) Mental health currency: an update from the top**
Sue Nowak, Head of pricing and development, NHS England and Improvement & Marsha David, Pricing development senior manager, NHS England and Improvement.

We are joined by Sue Nowak, head of pricing and development at NHS England and Improvement to provide an update on the currency work for mental health. A follow on from the insightful session in July and mental health technical forum in February we continue the discussion around the mental health currency, including; blended payments, the currency review and planned road map. The session will update delegates on the mandation of PLICS from 2020 and provide further input on the implementation of national mental health finance policy.

- (1C) Innovation through partnership working with charities**
Karen Black, CEO, Off the Record & Bernadette Chinnock, Clinical Service Manager, Avon and Wiltshire Mental Health Partnership Trust.

Bristol based charity Off the Record (OTR) is a mental health movement mobilised to support, promote and defend the mental health, rights and social position of young people. Joining us today to discuss their journey so far, Karen is going to provide insight into how OTR have integrated their services with the NHS, how OTR fits in with the local community and share some of the challenges faced along the way.

Alongside Karen Bernadette Chinnock will be giving an overview into the current transformation in CAMHs services delivered in Bristol and how working with OTR has helped them achieve integration in the local area to improve health & wellbeing services for young people. Alongside this Karen will also share some of the innovative practices adopted by OTR in terms of tracking outcomes and ensuring that no young person 'falls through the gap'.

(2A) A building designed to help – an Oxford Health case study

Vanessa Odlin, Director, Oxfordshire BaNES Swindon and Wiltshire mental health, **Claire Dalley**, Director of Estates & Facilities, **Carol Gee**, Modern Matron, Vaughan Thomas ward & **Charlotte Wood**, Director, Mental Health for Oxehealth

Capital constraints, old buildings and outdated design: just a few challenges we face in keeping our patients safe in hospital.

Oxford Health NHS Foundation Trust have been working in partnership with Oxehealth to learn how technology can make buildings smarter, even part of the clinical team. This session will share clinical and operational experience of how the Trust are improving patient safety, sleep and privacy by using technology in the built environment to support clinical staff on inpatient wards. The panel will share the findings from their recently published clinical report: "A good night's sleep".

As we look towards designing new buildings – fit for patients for decades to come – the panel will share their thoughts and experiences with the latest innovations, and how to have a "building designed to help" staff and patients.

(2B) Psychological medicine in primary care

Elaine Pitt, Team Lead & **Dr Julia Hose**, Clinical Lead/ Liaison Psychiatrist, *Psychological Medicine in Primary Care (Oldham), Pennine Care NHS Foundation Trust*

Elaine & Julia join us from Pennine Foundation Trust to discuss the psychological medicine in primary care service. The service manages those repeatedly presenting to health services with physical symptoms, including chronic pain/ tiredness or conditions such as diabetes or heart disease. The focus is on building relationships with the individual and their family/ friends to be able to find new ways of managing their distressing experiences. We are integrated into local neighborhood or cluster teams and use a collaborative care model so that the GP remains central to care to avoid progress being lost at the point of discharge.

A successful pilot scheme saw those using the service have a reduction in physical distress with a corresponding drop in primary care attendance. This led to the scheme being rolled out across the other boroughs in Manchester. Elaine & Julia will share how collaboration and integration with other local services has worked, including supervision, training and case discussion. They will discuss how the service is accountable to service users and commissioners in its evaluation, which ranges from qualitative outcomes to an economic evaluation.

(2C) Integrated model of community & care; a Macmillan cancer case study

Fiona Flowers, *Community settings specialist advisor, Macmillan Cancer Support*

Macmillan knows that people living with cancer and their carers have social care needs as well as health needs. They tell us they need emotional, practical and financial support and advice throughout their cancer journey.

Fiona joins us to share a case study of the integrated model of community care in Glasgow. Macmillan have incorporated social prescribing driven by local authority working in partnership with health, housing, psychology, and other VCS to help better care for those struggling with the impact of a cancer diagnosis which often impacts their mental health. They have seen successes so far in concerns dropping, holistic needs being met and bringing them out of distress and supporting people to find their best way through from diagnosis.