



# Mental health conference

9 November 2021, virtual event

Back for its 18th year and hosted online after the success of this format last year, this comprehensive one-day conference will provide delegates with an interest in mental health a unique opportunity to engage in lively debate and discussion with colleagues from across the country. It is a chance to share knowledge and experience with NHS finance colleagues and learn from other practitioners and experts in the field.

With the NHS emerging from the Covid 19 pandemic, mental health services are under more pressure than ever before and as we head into the recovery phase, it's paramount to get it right for patients. The event will include a mix of key mental health policy updates as well as local case studies from across the NHS.

*\*Sessions and content subject to change.*

## Provisional programme

**09:00**      **Login and networking**

**09:25**      **Chair's welcome**

*Suzanne Robinson, Executive Director of Finance and IM&T, Greater Manchester mental health NHS FT*

**09:30**      **Keynote: opening address**

*Claire Murdoch CBE, Chief Executive, Central and North West London NHS Foundation Trust and national director for mental health and learning disability and autism senior responsible officer, NHS England & Improvement*

Claire has been Chief Executive of CNWL NHS Foundation Trust since January 2007 and is also a registered Nurse. Over the past 35, plus years she has held a series of positions working in community/mental health, substance misuse and learning disabilities services.

In June 2016 she was appointed as National Mental Health Director at NHSE&I and has been working with the Mental Health team to deliver the 5 Year Forward View for Mental Health and more recently NHS England's Long-Term Plan.

During this session Claire will reflect on the key priorities of the Mental Health Long Term Plan, 5YFV and how these national initiatives are supporting the mental health impact of the pandemic on the population. Claire will also touch on the shortage of NHS staff in mental health and the way forward in addressing the challenges that lie ahead for the sector.

10:20 **Break and networking**

10:40 **Equality in access to mental health services strategy**

*Andy Bell, Deputy Chief Executive, The Centre for Mental Health*

In this session, Andy Bell will be exploring mental health inequalities and especially why some groups are at a far higher risk than others, and how this affects access and outcomes from mental health support. He will be looking into the impact of wealth, power, racial injustice and the criminal justice system.

He will also discuss the role of the ICS in tackling inequality and the opportunities the new systems can bring, such as tackling inequality in physical wellbeing for people with severe mental illness.

11:25 **Break and networking**

11:45 **Workshops**

12:30 **Lunch and networking**

13:30 **Case Study: developing a sustainable integrated community-based service model for planned and unplanned mental health care**

*Dr Emma Tiffin, Cambridgeshire and Peterborough Clinical Mental Health Lead, GP*

Dr Emma Tiffin has worked in clinical mental health leadership roles for over fifteen years and has played an integral role in developing a sustainable integrated community-based service model for planned and unplanned mental health care.

In this session, she will share the adult community mental health transformation journey within Cambridge and Peterborough CCG; detailing challenges such as primary care representation, leadership and workforce challenges. The session will then look into how these lessons learnt will inform the progress towards an all-age mental health collaborative in the context of ICS system development.

14:15 **Break and networking**

14:35 **Stranger on the bridge**

*Jonny Benjamin & Neil Laybourn, Mental Health Campaigners, Ambassadors, Mental Health UK & Founders of Beyond*

Jonny Benjamin and Neil Laybourn first met in 2008 on Waterloo Bridge when Neil talked Jonny down from taking his own life.

Six years later, Jonny launched #findmike in search for the stranger who saved his life. The campaign went viral and was picked by global news outlets, reaching 300 million people worldwide and being shared by celebrities such as David Cameron, Boy George and Stephen Fry. The following year their story was told in the award-winning Channel 4 documentary 'Stranger on the Bridge' and Neil was honoured with a Pride of Britain award.

Since the pair were reunited, they have worked tirelessly to end the stigma surrounding mental illness and to encourage others to speak out. They founded 'Beyond Shame, Beyond Stigma' a grant-giving organisation that which offers mental health support to young people, their families and their teachers. As ambassadors for Mental Health UK, they well regarded as two of the UKs most influential campaigners.

15:35

**Chair's closing comments**

**Suzanne Robinson**, Executive Director of Finance and IM&T, Greater Manchester mental health NHS FT

15:50

**Event close**

## Workshop options

**A**

**Developing a clinical model for CAYPMH tier four services**

**Anne Forbes**, Programme Director, South-West Provider Collaborative

**Dr Jason Fee**, Clinical Director, South-West Provider Collaborative

Chaired by **Suzanne Robinson**, Executive Director of Finance and IM&T, Greater Manchester mental health NHS FT

Following six years leading an adult secure provider collaborative across the south west, In this session Anne Forbes and Dr Jason Fee will discuss the development of the clinical model and business case for specialised CAMHS services across the south west. Working in collaboration with providers and stakeholders, existing governance arrangements have been extended to enable one point of contact for services, utilisation of a live patient flow system and one approach to quality improvement and oversight.

**B**

**Waste reduction in mental health**

**Sheila Stenson**, Executive Director of Finance, Kent and Medway NHS & Social Care Partnership Trust

Chaired by **Sarah Day**, Policy and Research Manager, HFMA

Sheila Stenson has a proven track record of working with financially challenged trusts. In this session she will explore her journey at Kent and Medway NHS and Social Care Partnership Trust since she took up her role as Executive Director of Finance four years ago. Sheila will take you through the steps to identify what was driving the underlying deficit at the Trust and the approach the Trust have been taking to reduce this deficit over the last 3 years.