



# Mental health conference

10 March 2021, online event

Back for its 17th year and running for the first time online, this comprehensive one-day conference will provide delegates with an interest in mental health a unique opportunity to engage in lively debate and discussion with colleagues from across the country. It is a chance to share knowledge and experience with NHS finance colleagues and learn from other practitioners and experts in the field.

*\*This programme is still being finalised, so sessions and content are subject to change. \**

## Programme

**09:30**      **Login and networking**

**10:00**      **Chair's welcome**

**Suzanne Robinson**, executive director of finance and IM&T, Greater Manchester Mental Health NHS Foundation Trust and Chair of the HFMA Hub Mental Health Network

**10:05**      **Opening keynote address**

**Tim Kendall**, national clinical director for Mental Health, NHS England and NHS Improvement

Professor Tim Kendall was appointed National Clinical Director for Mental Health for the NHS in England in April 2016, providing clinical advice and strategy across government and the NHS. During this session Tim will reflect on the Mental Health Long Term Plan, 5YFV and how they are supporting the mental health impact of the pandemic on the population. Tim will also touch on NHS staff mental health and the way forward addressing the challenges that lie ahead.

**10:50**      **Break and networking**

- 11:05**      **Update on mental health currency**  
*Ellie Melbourne*, Project Manager, Mental Health Infrastructure Team and **Sam Stringer**, senior payment policy manager, NHS England & NHS Improvement
- In this session, Ellie and Sam will provide an update on the mental health currencies consultations as well as discussing next steps.
- 11:45**      **Break and networking**
- 12:00**      **Workshop sessions**
- 12:45**      **Lunch and networking**
- 13:15**      **Crisis/Acute Mental Health - Getting It Right First Time**  
*Dr Ian Davidson*, clinical lead for adult crisis and acute mental health, GIRFT and consultant psychiatrist, Cheshire and Wirral Partnership NHS Foundation Trust
- Dr Davidson will talk about the Getting It Right First Time (GIRFT) programme, the key findings and how people can access and use GIRFT information within their own organisations. He will discuss learning from the programme including lessons from the impact of COVID 19, the national report and how the report and recommendations feed into wider improvement work for the NHS.
- 13:55**      **Break and networking**
- 14:10**      **Healthcare's best friend: the power of personal health budgets**  
*Jax Kennedy*, campaigner for Disability Rights & Equality, Hate Crime Champion, Co-Facilitator of Realising Change (Coproduct Group) and **Kingston**, Service dog and companion
- Having survived a serious attack in her role as a police officer, Jax was left with brittle epilepsy which for years has meant trips in and out of hospital. When Jax was then caring for her grandmother, she acquired a syndrome which damaged her back, leaving her disabled. After years of feeling isolated and disheartened by the health and social care support she was receiving, Jax was granted a personal health budget, allowing her freedom to use the money allocated to her care creatively; accessing social prescribing and her beloved service dog, Kingston.
- Jax describes Kingston as a true friend and companion as well as a life saver, he has helped her to become independent, allowing her to get back into employment as well as expanding her social circle.
- In this session, Jax and Kingston will talk about their personal story as well as exploring the benefits of personal health budgets, such as the prevention of 64 ambulance visits to their home in 2018 and an £800,000 a year saving on Personal Assistant costs for Jax. Although the financial savings are welcome, Kingston's role in giving Jax her independence back is priceless.
- 14:50**      **Chair's closing comments**  
*Suzanne Robinson*, executive director of finance and IM&T, Greater Manchester Mental Health NHS Foundation Trust and Chair of the HFMA Hub Mental Health Network
- 15:00**      **Event close**

## Workshops 12:00 – 12:45

### Workshop A: Embedding Value in Mental Health Services

**Dr Rumina Taylor**, Value Based Healthcare Mind & Body Lead, King's Health Partners, & Consultant Clinical Psychologist, South London & Maudsley NHS Foundation Trust

A value based healthcare approach looks to prioritise patient experience by finding the outcomes that matter most to them and that can be delivered with existing resources across the complete pathway of care.

Depression affects around 20% of those over 65 years of age living in the community and 22% of older adults cite mental health as one of their primary concerns as they age. Depression in older adults also substantially (27%) increases the risk of other health comorbidities such as coronary heart disease and stroke.

The Psychological Medicine and Older Adults Directorate at South London and Maudsley NHS Foundation Trust has been working to improve value within their depression pathway and gain a better understanding of the key factors that influence patient “flow” through healthcare services. A value based healthcare approach looks to prioritise patient experience by finding the outcomes that matter most to them and that can be delivered with existing resources across the complete pathway of care.

In this session, Dr Taylor will share findings from an initial pilot that identified a way to use value based healthcare methodology within mental health. By doing this, we can start to truly understand outcomes that matter to patients and staff, and the resources required to deliver these.

Value based evaluation has the potential to enable us to identify and support older people who may be living with depression and redirect those who would benefit from accessing services to the most appropriate professional across the full pathway of care.

### Workshop B: Improving value in mental health services

**Sheila Stenson**, executive director of finance and **Victoria French**, deputy director of finance, Kent and Medway NHS and Social Care Partnership Trust

Delivering value in mental health services is about understanding both costs and outcomes and that means getting key building blocks in place. The team at Kent and Medway developed a service-line reporting (SLR) model and within three months had a clear picture of the financial performance for each care group. In this session, Sheila and Victoria will talk about the power of SLR and how it positively encourages clinicians to join the discussion around value.