



Mental Health Finance Faculty
Providing a platform for influence



Annual HFMA Mental Health Conference

Routes to Success

8 November 2017
110 Rochester Row, London



This comprehensive one-day conference will provide delegates with an interest in mental health a unique opportunity to engage in lively debate and discussion with colleagues from across the country. It is a chance to share knowledge and experience with NHS finance colleagues and learn from other practitioners and experts in the field.

Who should attend

Whilst aimed primarily at finance professionals in provider trusts it should also be of value to CCG finance colleagues, commissioners, non-executives, service managers and clinicians.

Provisional Programme

9:00 **Registration, refreshments and exhibition**

10:00 **Chair's Welcome and Housekeeping**

Suzanne Robinson, Director of Finance, North Staffordshire Combined Health Care NHS Trust and the chair of today's conference

10:05 **Embedding mental health in the transformation of health and social care**

Professor Tim Kendall, National Clinical Director for mental health for both NHS England and NHS Improvement

STPs will be an important vehicle for implementing the Five Year Forward View for Mental Health and creating a sustainable NHS now and in the future. With some developing into accountable care systems (ACSS), alongside the rolling out of new models of care (NMOC), Tim will discuss how mental health can and should make the most of these opportunities.

In addition, Tim will outline his personal views on what mental health services of the future could achieve for patients and communities, should these opportunities be realised.

11:00 **Refreshments and exhibition**

11:30 **Sub-plenary Session 1** – please choose one from choices below

12:20 **Lunch, networking and exhibition**

13:20 **Sub-plenary Session 2** – please choose one from choices below

14:10 **Refreshments and exhibition**

14:30 **Collaboration & prevention – Exploring new models of care in tertiary mental health**
Colin Martin, CEO, Tees, Valley & Esk NHS Foundation Trust

Under a new NHS England initiative Tees, Valley & Esk NHS FT have also become a trailblazer for new models of care in tertiary mental health. In addition, they are now responsible for the commissioning and planning of a variety of services in the north east and Cumbria region including CAMHS and involved in the development of an accountable care partnership for learning disability services.

Colin will outline the impact these new initiatives are having in reducing the demand for tier four beds as well as opening a broader debate on the sustainability of the wider mental health system.

Finally, Colin will share his personal reflections on the move from director of finance to CEO.

15:15 **Fully involving service users in co-producing services leads to effective transformation**

Dr Paul French, Clinical Lead, NHS Dorset CCG, **Eugene Yafele**, COO, Dorset Healthcare NHS FT and **Becky Aldridge**, Chief Executive, Dorset Mental Health Forum

Following a review in Dorset investigating how to improve the quality of services provided to adults with severe mental illness, the integrated care pathway has been redesigned through consultation with services users, carers, staff and clinicians.

The project, coordinated by Dorset CCG, has had particularly positive backing from the CCG and has also gained public support. This session will:

- examine the development process and consultation
- discuss initial feedback from the project
- review the practicalities of service user involvement

16:10 **Chair's summary and close**

Sub-Plenary Choices – see overleaf



Sub-Plenary Choices – please choose one from each timeslot

Sub-plenary Session 1 - 11.30-12:20

- (1A) **The Carter programme for mental health & community trusts – sharing best practice**
Luke Edwards, Director of Sector Development, NHS Improvement, Lyn McIntyre MBE, Senior Advisor in Mental Health, NHS Improvement and Ros Alstead, Director of Nursing, Oxford Health NHS FT

Now in its second wave, the Lord Carter report is focussing its attention on the mental health and community sectors. Luke and Lyn will discuss the approach NHS Improvement has taken working with 23 organisations in the cohort. This session will:

- highlight the emerging findings from the review
- update on progress to date including the development of the CHPPD measure
- share the learning from the rostering 90 day rapid improvement programme
- review the experience of a mental health trust who is a member of the cohort.

- (1B) **Understanding performance in the mental health sector**
Helen Gilbert, Mental Health Research Fellow, The King's Fund

The Five year forward view for mental health is now into its second year of delivery and the recent workforce plan from Health Education England outlines further requirements to enable this. It's success requires commitment from commissioners and providers alike but comes at a time when the NHS is going through a period of unprecedented pressure.

The King's Fund has undertaken several pieces of work in recent years to examine performance and productivity in the mental health sector. This includes the Quarterly Monitoring Report (QMR) - a survey of NHS trust and CCG finance directors' views on the productivity challenges they face, and an annual review of NHS mental health provider finances.

Helen will share findings from The King's Fund's most recent review of NHS provider finances and on workforce management in mental health. The session will be followed by an opportunity to share thoughts and identify areas pertinent to the performance of providers and commissioners, which a future mental health-focused QMR survey should aim to explore.

- (1C) **The role of the connected CFO in mental health – how to execute digital transformation successfully**
Roy Wood, Managing Director, Advanced with case studies from a variety of mental health providers including St Andrews Healthcare, NHSI, South London & Maudsley NHS FT and Worcester Health & Care NHS Trust

With the introduction of global digital exemplars (GDEs) and the role of digital technology in delivering the FYFV for mental health; how can we implement change and introduce a new culture to our organisation? The cloud and digital technologies are having a seismic effect on Mental Health organisations and CFO's are being the key player in leading this transformation.

This session will outline how Advanced is assisting mental health trusts in their transformation journey, by providing IT software & services which reduce costs, facilitates better integration, providing better insight on important patient data and increasing scalability across their organisations.

Sub-plenary Session 2 – 13:20-14:10

(2A) **Productivity and efficiency – how do you know what ‘busy’ looks like?**

Gareth Jenkins, Director of Analysis, Meridian Productivity Ltd & **Bill Brown**, Head of Improvement, Transformation & Innovation, Nottinghamshire Healthcare NHS FT

Productivity is poorly understood, rarely planned for, and not routinely measured. CMHTs say they are busy, the crisis service is stuck with patients, then the wards overflow, and patients go out-of-area.

This session will consider the key drivers for improving service delivery and care of patients, whilst using less resource. Key levers of control, and performance indicators will be highlighted including Length of Stay, Workload Allocation, Estimated Date of Discharge and Contacts per Day.

The session will also provide the opportunity to hear from an NHS Foundation Trust who will explain the gains that have been achieved in working with Productivity Specialists and how a bespoke programme around transferral of skills is helping to equip the Trust for future challenges.

(2B) **Managing resources to enable improvement**

Clare Lyons-Collins, Project Director – Mental Health Innovations and Improvement, NHS Improvement & **Sarah Brampton**, Director of Finance, South Devon Partnership NHS Trust

The national mental health improvement model is led by a group of nine trusts facilitated by NHS Improvement, with a function to support other willing partners to improve services using a pathway approach.

This session will share the progress of this collaborative project following their first meeting in September; it will be an opportunity for delegates to also input and share their own experiences of quality improvement in their own organisation.

The HFMA mental health faculty have partnered with the team and NHS Improvement to contribute to the national mental health improvement model by:

- sharing insight and expertise on managing resources can support improvement
- coordinating and sharing original examples of best practice for inclusion in the resource
- leading on and producing a chapter on managing resources to support quality improvements as a resource for the mental health community as part of a wider quality improvement framework
- disseminating best practice in managing resources to improve quality

(2C) **Charging for overseas visitors – Learning from Camden and Islington**

Simon Ramage, Head of Contracting, Camden and Islington NHS FT and **Vivien Obiagwu**, Overseas Visitors Manager, Camden and Islington NHS FT

The Visitor and Migrant NHS Cost Recovery Programme was established by the Department of Health in 2014, with the main objective of ensuring that the NHS received a fair contribution for the costs of healthcare it provided to non-UK residents. However, with a lot of the guidance offered focussing mainly on the acute sector, identifying these patients can be difficult; particularly within mental health.

Camden & Islington will share their experience of engaging all staff in the administration of patients to ensure correct identification of overseas patients. They will also discuss how they

bridged the gap between these on-the-ground processes and the input from their CCG which in turn has led to cost savings within their organisation.

